

1,2,3 Beginner Mambo



Choreographie: Karianne Heimvik >>vom: 05/18
Beschreibung: 16 Count, 2 Wall, Beginner Line Dance (No Tag, No Restart)
Musik: 1,2,3 by Sofia Reyes (feat Jason Derulo & De La Ghetto)
Intro: 16 Counts

(1-8) Mambo right, mambo left, fwd lockstep, rock step

1&2 Rock R to right, lift and recover weight on L, step R back in place
3&4 Rock L to left, lift and recover weight on R, step L back in place
5&6 Step fwd on R, step and lock L behind R, step fwd on R
7,8 Rock fwd on L, recover weight on R
(here you can do a bodyroll if you feel comfortable with it)

(9-16) lockstep back, step out out, in in, pivot ½ turn

1&2 Step back on L, step and lock R across L, step back on L
3,4 Step R to right, step L to left
5,6 Step R back in place, step L back in place
7,8 Step fwd on R, make ½ turn to left stepping fwd on L

Start dance again!

Quelle: www.copperknob.co.uk